



wildchild[®]

Inspiring a lifetime of adventure

YEAR 4 WILD ADVENTURE TRIPS

Coopers Lane Primary School, 18th-19th March

"Fewer than one in ten children regularly play in wild places; compared to almost half a generation ago" - Natural England, 2009

Nature Deficit Disorder

What is it?

Nature Deficit Disorder describes the human costs of alienation from nature, among them: diminished use of the senses, attention difficulties, and higher rates of physical and emotional illness (R Louv, 2005)

The generational divide

In a single generation, since the 1970's, children's 'radius of activity' (the area around their home in which they are allowed to explore) has declined by almost 90%.



What is causing it?

A generation of children with a largely screen-based lifestyle, barriers to accessing our wild spaces and limited environmental education.



OVER 85% OF CHILDREN REPORT FEELING HAPPIER AFTER BEING IN NATURE

Natural England (2021) The Children's People
and Nature Survey for England



OUR TEAM

"A fantastic, dedicated, engaging and helpful team" - Jon Light, West Ewell Primary School, Year 4

"The team were really excellent - lovely relationship with the children and really helpful and supportive" Louise Reen, Devonshire House Prep School, Year 3

"The staff were excellent role models" - Julia Lyness, Newland House School, Year 4



Walton Firs Activity Centre, Surrey

The perfect introduction to being away from home

- Timber pods nestled in the woodland with bunk beds sleep up to 8 children
- Underfloor heating to keep them warm throughout the colder months
- Teacher pod at the heart of every pod village
- Large chill-out area with games and plenty of space to play and explore
- Motion sensing lighting and night-toilets throughout the entire camp

Activities

Play

- Forest Games
- Wild Cluedo
- Scavenger Hunts
- Bug Shelters
- Woodland Crafts

Challenge

- Shelter Building
- Fire Lighting
- Survival Skills

Educate

- Terrific Trees
- Muddy Bugs
- Animal Antics



"All activities were paced very well and clear for the children to follow. The resources/equipment provided were explained clearly and simple to use" - Navdeep Dehala, Staines Prep School, Year 3



Wild Survivor Bushcraft

Exploring the essentials of survival

Shelter building, fire lighting, survival skills & roasting marshmallows!

"The children loved Bushcraft and really enjoyed the knowledge they gained from it" - Amy Harper, Rockingham

Wild Explorers

A whistle-stop tour of British nature!

Tree identification, bug hunts, learning about British species and woodland crafts

"It was great to see the children out enjoying nature" - Amelia Alcock, Albermarle

EXAMPLE DAY

"The activities were excellent and really took the students out of their comfort zones" - Robyn Pressley, Streatham & Clapham High School, Year 4



	Activity	Extra information
AM	Arrival and welcome	A very wild welcome and a chance to settle into our cosy woodland Pods .
	Woodland games	Scavenger hunt: A fun nature trail to navigate around the woods collecting woodland items along the way. Bug hotels: Use leaves, bark, twigs, pinecones and anything you can find to build a fun and exciting home for our minibeast friends.
	Lunch	Picnic in the woods
PM	Group 1: Wild Explorers	Explore the woodland and discover all the fascinating life within it. This fun and interactive session looks at the smallest to the largest of our living things with topics including; Terrific Trees , Animal Antics , and Muddy Bugs .
	Group 2: Wild Survivor Bushcraft	Work together to build the ultimate woodland shelter using materials found within the woodland. Learn how to safely use a fire-steel and build the perfect campfire to roast marshmallows !
	Dinner	Pasta bolognese , and our chef's famous chocolate brownie !
	Campfire	Singing, hot chocolate and biscuits

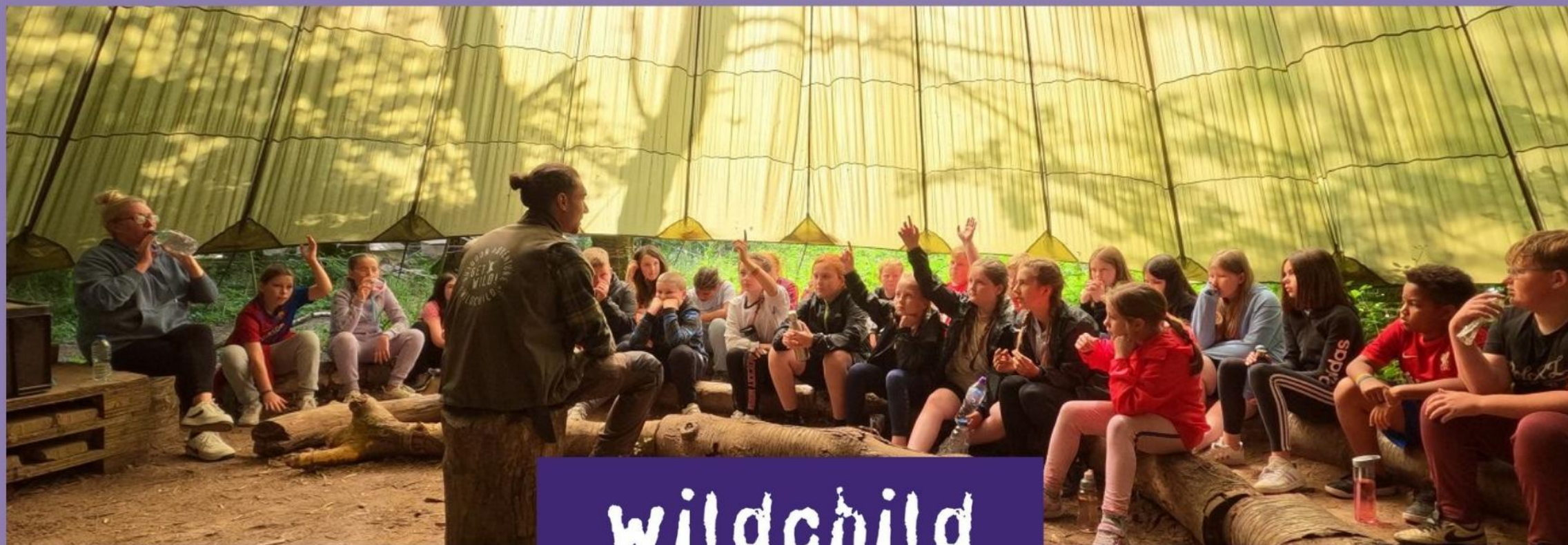
WHAT TO PACK?

- Sleeping bag and pillow
- Large rucksack
- Suitable clothing for all weather possibilities
- Waterproof jacket and waterproof trousers
- Warm pyjamas
- Sturdy walking boots or trainers
- Water bottle (named)
- Insect repellent/sun cream
- Sun hat/woolly hat/gloves
- Toiletries
- Towel
- Torch or head-torch
- Plastic bag for dirty or muddy clothes

"If you watch a child playing outside they're just doing so many physical tasks - they run for hours, dig, climb. If you told them to do it they wouldn't, but they want to because they're playing" - Penny Wilson, 2021

*"A great opportunity for children to experience the outdoors and show independence in a supportive environment" -
Bridget Holroyd, Cavendish, Year 4*

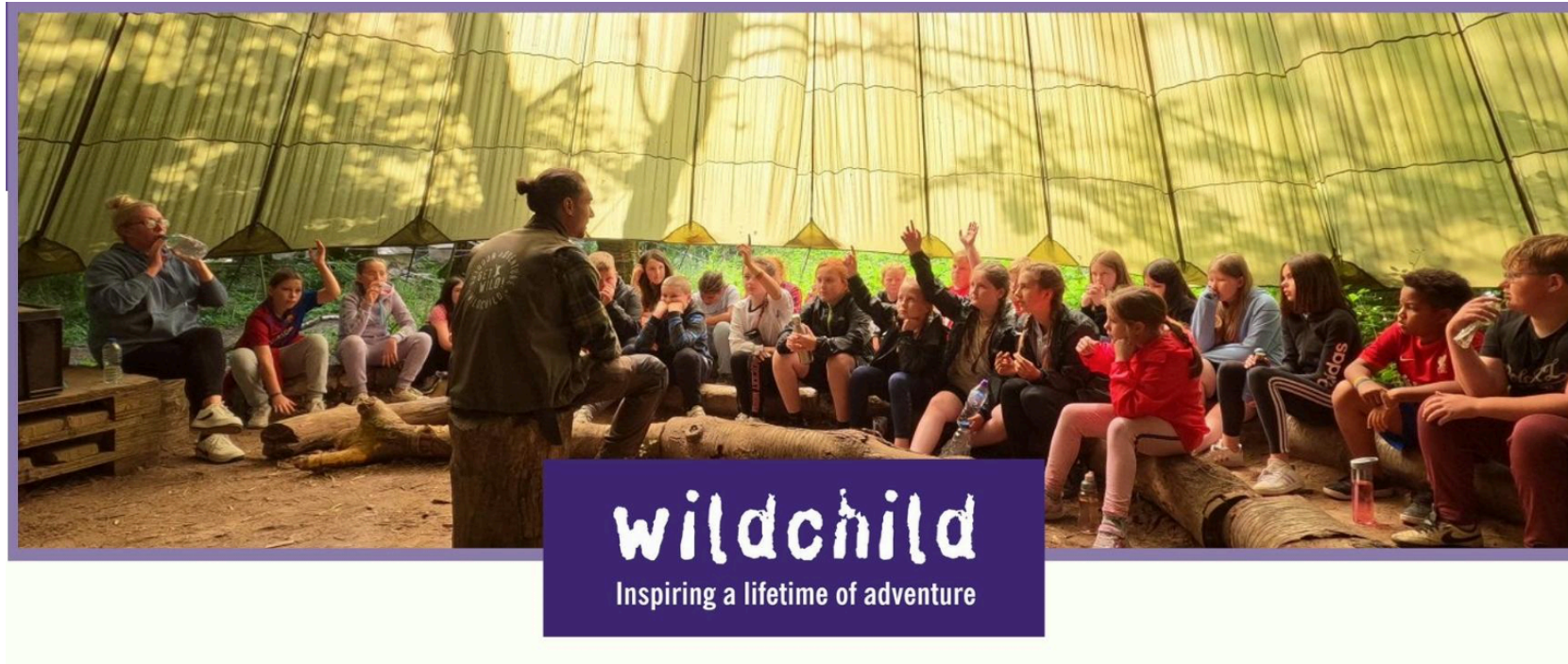




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For more information and to download your parent guide and kit list please visit:
www.wildchildadventure.com/residential-trip-resources/



- If you would like your child to come with us to Wildchild, please pay a non-refundable deposit of £50 by Friday 10th November 2023.
- If you have any further questions, please come and speak to Miss Riley or Miss Walker.