



# COOPERS LANE PRIMARY SCHOOL

## WEEKLY NEWSLETTER

Week Ending 10<sup>th</sup> April 2020

[www.cooperslane.lewisham.sch.uk](http://www.cooperslane.lewisham.sch.uk)

Twitter: @CoopersLaneSch



### Happy Easter!

Today marks the start of a four-day bank holiday weekend. Warm weather is forecast and it looks like it is going to be a beautiful one! Guidance does remain the same – please stay at home. Doing this will prevent the spread of coronavirus, it will protect your health and the health of loved ones and it will save lives. Make sure you get outside for some essential exercise (once a day), but please stay local and avoid areas when it is busy. Exercise alone or with family members from your own home and always maintain a 2m distance from others. If you have your own garden, please try to use that so that others can have space in local parks.

Please continue to follow the Government guidance in washing your hands properly for 20 seconds.

As we said last week, make the most of family time this weekend during this difficult period. Join in with some of the lovely Easter projects and activities on Google Classroom, our Twitter account or online.

Please remember to 'Stay Home. Protect the NHS. Save Lives'

### Wellbeing

Here's some of the latest Government advice on how you can look after yourself and your children – the same advice for you as last week.

#### Looking after your own mental health

'As well as thinking about the children or young people in your care, it is important to take care of your own mental health and wellbeing. Children and young people react, in part, to what they see from the adults around them. When parents and caregivers deal with a situation calmly and confidently, they can provide the best support for their children and young people. Parents and caregivers can be more supportive to others around them, especially children, if they are better prepared.'

#### Helping children and young people cope with stress

**Listen and acknowledge:** Children and young people may respond to stress in different ways. Signs may be emotional (for example, they may be upset, distressed, anxious, angry or agitated), behavioural (for example, they may become more clingy or more withdrawn, they may wet the bed), or physical (for example, they may experience stomach aches). Look out for any changes in their behaviour.

Children and young people may feel less anxious if they are able to express and communicate their feelings in a safe and supportive environment. Children and young people who communicate differently to their peers may rely on you to interpret their feelings. Listen to them, acknowledge their concerns, and give them extra love and attention if they need it.

**Be aware of your own reactions:** Remember that children and young people often take their emotional cues from the important adults in their lives, so how you respond to the situation is very important. It is important to manage your own emotions and remain calm, listen to and acknowledge children and young people's concerns, speak kindly to them, and answer any questions they have honestly.

Our advice is to: **Listen, acknowledge and be aware of your reaction**

#### Restorative Approach

In school, we use Restorative Approach. At Coopers Lane, we see behaviour as a result of thoughts, which are the result of feelings, which come from unmet needs. In a time where we are in lockdown and all socially distancing, it's a really useful strategy for both adults and children, to get to the bottom of challenging behaviour and improve relationships in the home. If we want to change behaviour, then the unmet needs need to be addressed.

These five key questions engage the person in self-reflection, to think about their behaviour or reaction to help them make changes.

**What happened?**

**What were you thinking?**

**What were you feeling?**

**How are you feeling now?**

**What do you need now?**

They work hand in hand with our school values and give a person time to reflect on their behaviour and understand how they could have reacted differently. Why not try them at home? Try linking conversations to our school values too!

**happiness • respect • honesty • responsibility • love • perseverance • kindness**



If you are struggling at home, then please seek help at [www.place2be.org.uk/page/get-urgent-help/](http://www.place2be.org.uk/page/get-urgent-help/)

## This week at Coopers Lane

A big THANK YOU to all of Team 1 who were in school this week. We're not sure who had more fun... the adults or the children!

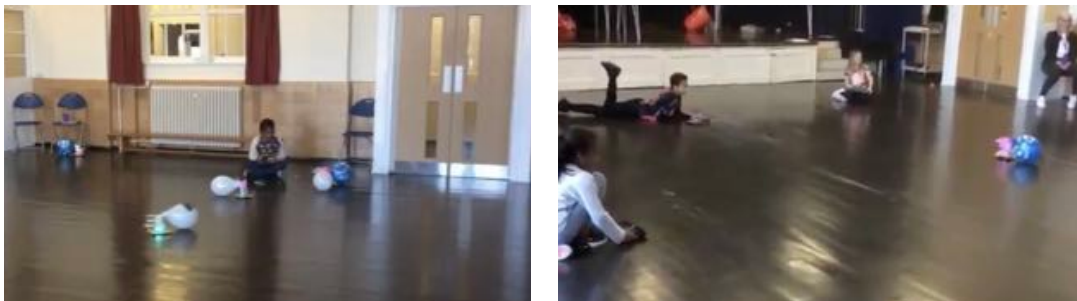
It certainly was an action packed week! Each day the children enjoyed a new, exciting and enjoyable activity. Here are just a few... The week started with an exciting giant marble run in the KS2 Hall. The video speaks for itself – check it out on our twitter account - @CoopersLaneSch



There's been more Joe Wicks PE Lessons and sessions with Coach Nick. But to start the day on Tuesday, the children had to make it through Mr Hooper's Office – Mission Impossible style. They loved it! See the video they created online.



Following on from their 'hole in one' game last week, the children had an exciting time creating a Sphero robot. They then had a great game of Robot Wars where they had to try and pop the other persons balloon. Watch some video clips on our Twitter feed!



Following on from the bread making with Mr Hooper, #CookingwithCoopers, last week, the children made their own pizzas this week. They made the pizza dough bases, decided on their toppings and then baked them. All of the children were then allowed to eat their delicious creations. Who needs Pizza Express, Prezzo, Dominos or Pizza Hut when we have these guys??!



Enjoying the beautiful sunshine, the children went outside to our Forest School Area and added their own 'Mini Bug Hotels' to the Bug Mansion created by Reception. they had to hunt for the materials to make a great habitat for the bugs to live in.



The children were given some time to create some Easter craft masterpieces too. They decorated eggs with paint and then went out to do an Easter Egg Hunt.



Thanks again for making the week so fun for the children. They had a ball of a time!

### At Home with Coopers Lane Kids!

Thank you to those that have tweeted and emailed pictures of the children completing Easter activities or just participating in some super Easter holiday fun!

We received a lovely email from the England family showing us everything the boys having getting up to this week. Following on from the pom-pom making in school last week, they showed us what else we could do with pom-poms! Alex (Y6) made a the lovely Panda and Louis (Nurs) made the Tiger, but Mummy had to finish it when he decided CBeebies was more important...



Look who came to tea...

Louis and Jack (Y4) had a visit from a very special tiger in their garden. You can do this at home too! Using Google 3D images, search Google with the name of certain animals and it will appear in front of you, on camera as a 3D image. Make sure you get a photo!



A lion visited Mr Hooper, a tiger visited Mrs Saunders' house, and a dog visited Mrs Pepper's garden! Even though it's the Easter holiday, the boys haven't been slacking off – they've been working hard to create some instructions and Jack even followed some to create this super origami shirt! Well done to all of you!



Charlie (Y6) and Emily (Nurs) are really missing their friends at school, but they're keeping busy building Lego, cooking and spending time out in the sunshine planting and colouring. Well done you two!



Amy (Y5) has been working on some of the Year 5 Easter activities. She made the crispy cakes and iced them beautifully. She has also been looking after her seeds, she planted pansies, viola, forget-me-nots and she planted some peas.



This email made us smile! Look at the wonderful teamwork going on between Vadim (Y4) and Victoria (Nurs). I wish I had the things at home to make this beautiful Easter Wreath. It's spectacular – well done both of you!



And finally, to remind you all about our Easter competition, here is one of the lovely pictures we have received from Ian (Y6) and Sofia (Rec). It's been carefully made out of salt dough, with a little help from Mum. It's brilliant guys!



**Remember:** We would love to see some of the things you have been doing at home. We would also love to share them with others! If you would like to show off what you have been doing throughout the week in next week's newsletter, then please email any photos to [spepper@cooperslane.org](mailto:spepper@cooperslane.org) or tweet them directly to our school Twitter account. Obviously, we can't publish all photos sent to us in the newsletter, but we may be able to tweet them for you. So look out for us on Twitter too @CoopersLaneSch!

## Home Learning

Google Classroom was updated with enough Easter projects and activities for the holidays to give the children something fun to do during the break. Take a look, have a go and share what they do with us. Take a look on Twitter for more fun ideas, and maybe have a little search online if you need even more.

Communication is key between home and school, and it is something we have been thinking very carefully about over the past couple of weeks. Please keep an eye out for an email coming soon from Mr Hooper.

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## Google Classroom

Now that the school has closed, daily activities are uploaded to Google Classroom for each year group. Easter projects will go live today for the duration of the Easter holiday.

Here's a reminder of login details:

User name: reception@cooperslane.org Password: outdoorarea	
User name: year1@cooperslane.org Password: playtime	User name: year2@cooperslane.org Password: lunchtime
User name: year3@cooperslane.org Password: savagestoneage	User name: year4@cooperslane.org Password: rottenromans
User name: year5@cooperslane.org Password: spacetravel	User name: year6@cooperslane.org Password: democracy

*If you are having any issues with the Google Classroom service, please log a call via email to [googlehelp@cooperslane.org](mailto:googlehelp@cooperslane.org)  
Please include your child's year group, a brief description of your issue and a contact telephone number.  
Wherever possible we will try and contact you to help resolve your issue.*

## Thunk of the week

A thunk is a simple looking question about everyday things that stops you in your tracks and helps you start looking at the world in a whole new light.

**Why do our noses run but our feet smell?**

## Easter Competition

We would love for you to make a model, picture or sculpture of our School Logo. It can be made out of anything, such as Lego, junk modelling bits, drawn and coloured, play dough, leaves, flowers or even painted rocks – you name it! Anything!

Inspired by Mr Mole and his children, we want to see your creations.  
(See 'Getting to Know...' on the next page!)

Send your entry into school via Twitter: @CoopersLaneSch or to [spepper@cooperslane.org](mailto:spepper@cooperslane.org) and we will select a few of our favourites to share with you all.



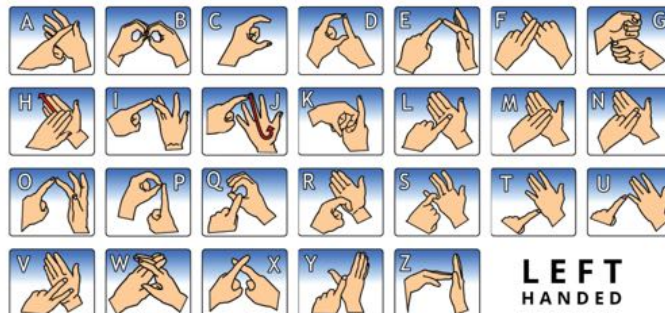
**Want something else to learn...**  
**A new language – why not try BSL?**

Why not spend some time over the school holidays, or the school closure period, to learn a bit of [British Sign Language](http://www.british-sign.co.uk) starting with learning to fingerspell your name. As a school that's proud to have a Centre for the Deaf, it would be great if we could all come back with a few extra BSL skills! Remember, when signing your name, say it whilst signing, don't spell it out loud. That's the trickiest part!

### BRITISH SIGN LANGUAGE - FINGERSPELLING



### BRITISH SIGN LANGUAGE - FINGERSPELLING



**Who am I?**

Mrs Claire (Poppy) Williams

**What is my job?**

Year 1 Teacher & Year Group Leader

**What's my favourite food?**

Any type of brunch especially smoked salmon and poached eggs!

**What do I like doing?**

I love to spend time with my family and friends. My family live in Surrey and I love going to stay with them. We all go down to the beach, go to the races or have picnics together. We love cooking for each other and we recently held our own 'Come Dine With Me' at each others houses. I absolutely love cooking and (eating!) and going out for food with my friends and family. I also enjoy reading and watching films and listening to my husband DJing.

**Something people don't know about me is...** I absolutely love Disney! I've been to Florida twice and Paris once. I even got engaged there and one of my daughters is actually called 'Minnie' after Minnie Mouse! The second time we went was my honeymoon (and of course Sunnie and Minnie, my children came with us!) We were actually due to go there again this week but obviously it got postponed because of the coronavirus pandemic.

**What have I been doing at home this week?**

I have been doing Jo Wicks everyday with my twin girls and I have just started jogging. I spent a lot of time clearing out my bedroom and cleaning my house. I've been reading and watching Netflix too. I have been homeschooling Sunnie and Minnie my girls, who are in Year 6 and planning some lovely activities for my class to do on Google Classroom after the Easter holidays. I've also been making a fun video for my class so look out for that after the holidays!

**Getting to know...****Who am I?**

Miss Laura Patterson

**What is my job?**

Year 3 Teacher & RR Leader

**What's my favourite food?**

Anything with cheese!!!

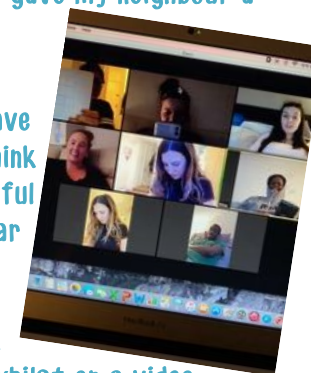
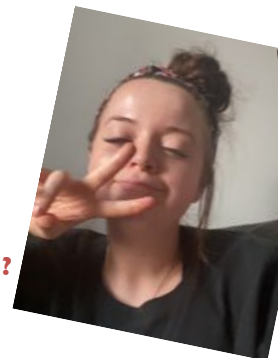
**What do I like doing?**

I love reading and I keep re-reading the Harry Potter series because I LOVE them! However, what I love to do is art! Children in my class will know that I love to draw and colour with them. Over the last couple of weeks, I've been using Mrs. Webb's homework to help me improve my art skills!

**Something people don't know about me is...** When I was younger I had two pets snakes and I loved them! However, I forgot to shut their vivarium properly and they escaped! My mum was not very happy and we had to live with my nan for a couple of days whilst my family tried to find them. Luckily, they were found in my neighbour's garden a couple of days later. It certainly gave my neighbour a shock!

**What have I been doing at home this week?**

I've been trying to keep myself really busy this week! I have been waking up to do Joe Wicks every morning, which I think is getting much much harder! I have been doing some mindful colouring, redecorating and gardening. I did a massive clear out of my spare room and found some old photos of me (I've attached some to make you smile!). I have also been video calling my family and friends a lot to keep in touch. Some of the teachers and I even had an evening of bingo whilst on a video call! I even won a game! I'm having as much fun as I can at the moment but I am missing everyone so much and cannot wait to get back to Coopers Lane!



**We wish you a wonderful weekend.  
Keep safe – Stay Home Save Lives!**

Love,  
All the Staff at Coopers Lane

