

# 30 - 50 months: How can you help me with my learning?

## Personal, Social and Emotional Development

### Making relationships

- Let me build things with my friends using big cardboard boxes and pieces of fabric.

### Self confidence and self awareness

- Let me help you match the socks together.

### Managing feelings and behaviour

- Let me dress up and pretend to be a nurse, doctor, firefighter, mum or dad.
- Explain to me why I cannot do things like run around the supermarket.

## Communication and Language

### Listening and attention

- Play listening games with me like "Simon Says..." Where I have to copy an action or "Ready, Steady, Go" where I have to wait to push the ball or car.
- Make up silly sentences with me where each word begins with the same sound as at the start of my name.

### Speaking

- Talk to me about things we did or places that we went to yesterday.

### Understanding

- When I'm helping you to make the lunch, ask me questions like "What do I need to cut the apple?" or "What do I need to pour your milk / water into?" so that I can find you the thing we need.
- When we're tidying up give me simple instructions like "Put your shoes in the basket" or "Put the remote control on the sofa."



## Physical Development

### Moving and handling

- Let me practice using children's scissors to cut dough, cooked spaghetti or paper.
- Make an obstacle course in the park or garden where I have to run around benches or chairs, crawl under a blanket and crawl through a cardboard box.

### Health and self care

- Make sure I brush my teeth twice a day.



## Mathematics

### Numbers

- Make a train shed with numbers on so that I can match my trains into the shed with the same number on.
- Put numbers on a skittles game made from plastic bottles. Ask me what number was on the bottle I knocked down.

### Shape, space and measure

- Let me build from cardboard boxes or wooden bricks. Use words like "long" or "tall" to describe my model.
- Go on a shape walk inside or outside to find things which are the same like "circles" or "spheres".

## Understanding the World

### People and communities

- Take me out to different places where we live, like the fire station or the library.

### The world

- Let me explore mud, rain or snow.
- Plant seeds with me in a pot or in the garden.

### Technology

- Let me press buttons, like on the pelican crossing or the doorbell at our friend's house, to see what happens.

## Expressive Arts and Design

### Exploring and using media and materials

- Let me use my paints to mix up my own colours.

### Being imaginative

- Help me to use some of my toys to make up a story.
- Give me pieces of material to make a cape or a big cardboard box to make a spaceship when I'm pretending to be somebody else or going on an adventure.

## Literacy

### Reading

- Set up a pretend shop where I can read the labels on the packets and boxes.
- Read a recipe to me as we're making dough.

### Writing

- Tell me what you're writing as you write a shopping list.
- Make a name card for my bedroom door or a placemat with my name on. Let me use these to help me try to write my name by myself.

