



Parents' Meeting Year 4 School Journey





Coopers Lane Year 4 School Journey 2020

Windmill Hill, Hailsham, East
Sussex, BN27 4RZ

18th-20th March 2020



Staff accompanying children

- ➔ Miss Walker
- ➔ Miss Maynard
- ➔ Miss Bentley
- ➔ Miss Riley
- ➔ Mrs Barthram
- ➔ Mr Harper
- ➔ Mr Sparkes



What activities will the children do?

- ➔ Climbing
- ➔ Archery
- ➔ Problem Solving
- ➔ Giant Swing
- ➔ Abseiling
- ➔ Challenge Course
- ➔ Sensory Trail
- ➔ Trapeze

- ➔ Cluedo
- ➔ Disco

Trapeze

Each stage of the trapeze counts as a success and requires courage and determination. The challenge starts with a climb to the top of a 6 metre pole. Next, a climb onto the small platform will require balance as pupils stand to make that leap for the trapeze! It's an exhilarating and heart-pounding activity that will bring your pupils together in their support for each other. It also gives each participant a very real sense of personal achievement.



Giant Swing

The ultimate test of nerve and joint decision-making. Two of your students are harnessed into the swing, while other members of the group haul them up to 10 metres into the air. After the pair in the swing decide together how high they want to go, a pull on the ripcord will send them plummeting earthward. It's a fast and exhilarating drop, but good communication will get the right balance between fear and fun!



Sensory Trail

The sensory trail is a challenge in more ways than one. During the activity your pupils will negotiate a series of obstacles – blindfolded – with the other members of their group for guidance. It's a challenge, which raises questions about our abilities and assumptions, and demands mutual trust, self belief, and effective communication to complete the course successfully.



Challenge Course

The PGL Challenge Course is legendary – it's a well-loved and popular activity with plenty of opportunities for everyone to get involved; it can even get quite competitive sometimes! As your pupils negotiate the various obstacles that lie ahead, it's an experience that will promote teamwork, lateral thinking, problem solving and decision-making – as well as being physically challenging too.





A typical day

- ➔ **07.00** – Staff wake up the group
- ➔ **08.15** - Breakfast
- ➔ **09.00**- First activity session
- ➔ **10.30** - Break
- ➔ **10.45** - Second activity session
- ➔ **12.15** - Hot lunch or packed lunch
- ➔ **13.45** - Third activity session
- ➔ **15.15** - Break



A Typical Day?

- ➔ 15.30 - Fourth activity session
- ➔ 17.00 - Supervised free time
- ➔ 17.30 - 19.00 - 2 course evening meal
- ➔ 19.00 - 20.30 - Evening entertainment. Group Leaders assist Party Leaders until 21.00.
- ➔ From **21.00 - 23.00** there will be PGL staff on active night duty. Through the night there will always be a senior PGL staff member on call.



Food Glorious Food

- ➔ Breakfast, lunch and dinner are all geared around the food that children love to eat - but with health and nutrition in mind.
- ➔ Children with dietary requirements are given different coloured trays so that they are easily identifiable
- ➔ Meals are served in a communal dining room where there is a choice of hot and cold dishes and vegetarian selections.
- ➔ There are regular water breaks - having fun is thirsty work !
- ➔ Orange squash or hot cocoa or is served at the end of the day.

Accommodation and rooming

- ➔ The children have made their preferences for room sharing and day groups. The actual groupings will be revealed when we get to the site.
- ➔ The accommodation is in purpose built dormitories
- ➔ Children sleep in pine bunk beds.
- ➔ The rooms sleep 4 to 8, and all have en-suite facilities
- ➔ Teachers' rooms are situated in the same building and are spaced out in-between the children's rooms.





Reminder of Practicalities

- ➔ Medicines should be given to Miss Riley on the day of departure, labelled with child's name and class.
- ➔ Clearly labelled wallets or purses with no more than £5 in given to Mr Sparkes on the day of departure.
- ➔ We will use a text message to inform parents of safe arrival and any possible delay in returning.



Things to Bring

- ➔ You should already have a copy of the clothing list - we have spares if you need them
- ➔ This is an outdoor activity centre - the children will get dirty, so should bring old clothes!
- ➔ Card or a letter packed in with children's luggage is a nice surprise.
- ➔ Disposable camera.
- ➔ Maximum pocket money of £5 (in coins), in a named envelope or wallet.



What **NOT** to bring

- ⇒ Electronic games
- ⇒ Jewellery
- ⇒ Mobile phones

Any of the above, or pocket money exceeding the £5 limit will be taken from children and returned at the end of the trip.



Timings

- ➔ Wednesday 18th March, children will leave school at approximately 10 am and arrive at the centre for lunch. Arrive at school at 9:30am with your luggage, medications (if applicable) and money in a labelled purse or wallet.
- ➔ Friday 20th March, return at approximately 3.30pm.



Questions?

Please ask!