



# Parents' Meeting

## Year 4 School Journey

### Windmill Hill





# Coopers Lane Year 4 School Journey 2020

Windmill Hill, Hailsham, East  
Sussex, BN27 4RZ

18<sup>th</sup>-20th March 2020



# Staff accompanying children

- ➔ Party Leader
- ➔ Year 4 Class Teachers
- ➔ Up to 6 other staff members



# Why should your child go on school journey?

- ➔ Residential school courses are recognised as an invaluable part of the National Curriculum.
- ➔ Taking children out of their familiar home and school setting provides an original and exciting environment for them to extend their learning.
- ➔ Children benefit enormously from the whole experience both educationally and socially.



# Windmill Hill

- ➔ Located close to the coast on the beautiful Sussex Downs
- ➔ All activities take place within the Centre's wooded grounds.
- ➔ The range of activities is wide - with the Centre's facilities including abseiling towers, zip wire lines, two challenge courses and much more!



# Who are PGL?

- ⇒ PGL Adventure UK was founded in 1957 by Peter Gordon Lawrence, whose initials give the company its name (not ‘Parents Get Lost’ as is sometimes quoted!).
- ⇒ It is one of the UK’s leading providers of activity holidays, designed to stimulate, motivate and educate children and young people.



# Why PGL?

- ➔ The PGL approach to learning is that if children are stimulated and happy, they will take to new experiences with enthusiasm.
- ➔ The highly trained and motivated staff put the principles of active learning into effect.
- ➔ PGL's child protection procedures are inclusive of security and supervisory procedures are firmly in place.



# Safety First

- ➔ All PGL centre staff are first aid trained.
- ➔ All activities begin with a detailed safety talk and demonstration.
- ➔ The staffed Emergency First Aid Room is available at all times.



# What sort of activities will the children do?

- ⇒ Jacob's Ladder
- ⇒ Trapeze
- ⇒ Rock Climbing
- ⇒ Zip Line
- ⇒ Aeroball
- ⇒ Archery
- ⇒ Abseiling
- ⇒ Challenge Course
- ⇒ Canoeing
- ⇒ Raft Building
- ⇒ Giant Swing
- ⇒ Disco



# A typical day?

- ⇒ **07.00** – Staff wake up the group
- ⇒ **08.15** - Breakfast
- ⇒ **09.00**- First activity session
- ⇒ **10.30** - Break
- ⇒ **10.45** - Second activity session
- ⇒ **12.15** - Hot lunch or packed lunch
- ⇒ **13.45** - Third activity session
- ⇒ **15.15** - Break



# A Typical Day?

- ⇒ **15.30** - Fourth activity session
- ⇒ **17.00** - Supervised free time
- ⇒ **17.30 - 19.00** - 2 course evening meal
- ⇒ **19.00 - 20.30** - Evening entertainment. Group Leaders assist Party Leaders until 21.00.
- ⇒ From **21.00 - 23.00** there will be PGL staff on active night duty. Through the night there will always be a senior PGL staff member on call.



# Food Glorious Food

- ➔ Breakfast, lunch and dinner are all geared around the food that children love to eat - but with health and nutrition in mind.
- ➔ Meals are served in a communal dining room where there is a choice of hot and cold dishes and vegetarian selections.
- ➔ There are regular water breaks - having fun is thirsty work !
- ➔ Orange squash or hot cocoa or is served at the end of the day.



# PGL Nut Policy



## **Nut Policy**

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**We ask suppliers to provide nut free products, however some food items are made in factories that use these ingredients.**

**We do not sell nut products in our shop or vending machines.**

To ensure our guests have a safe and enjoyable experience, we ask that all parents/guardians or Party Leaders supply any information relating to food allergies and intolerances prior to travel.

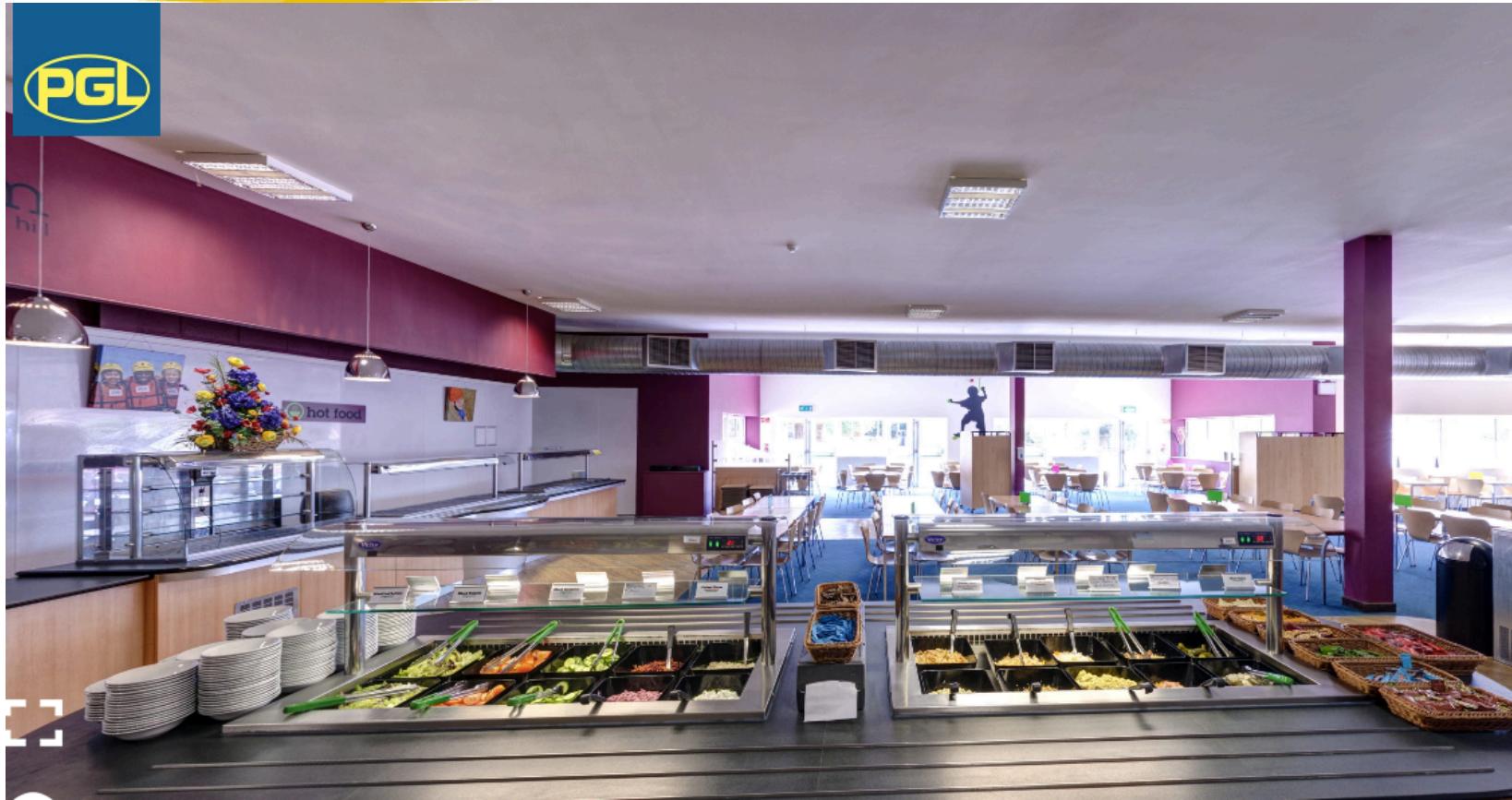
Specific requirements can be discussed with the Catering Manager, and meal arrangements can be made in advance if necessary.

In our centre dining rooms, we aim to give as much information as possible so guests can make informed food choices during their stay.

At each mealtime, allergy information will be clearly displayed for each dish. If guests are ever in doubt about a product or dish, we recommend they ask a member of the catering team or their Group Leader, who will speak with the Catering Manager for clarity.



# Food Glorious Food



# Accommodation





# Accommodation



- ➔ The accommodation is in purpose built dormitories
- ➔ Children sleep in pine bunk beds.
- ➔ The rooms sleep 4 to 8, and all have en-suite facilities
- ➔ Teachers' rooms are situated in the same building



# Bedroom door locks

## Thumb turn lock

**Thumb-turn** euro cylinders offer the ideal security solution. The door can be **locked** and unlocked from the inside without the use of a key but without diminishing the level of security. This type of **lock** is also ideal in case of fires.



The children can lock their doors from the inside using the thumb turn lock and the teachers will have keys to open the doors from the outside.



# Practicalities

- ➔ Consent and medical forms will be sent out in January, and must be returned as soon as possible with all allergies noted.
- ➔ Medicines should be given to staff on the day of departure, labelled with child's name and class.
- ➔ We will use a text message to inform parents of safe arrival and any possible delay in returning.



# Things to Bring

- ⇒ Clothing list will be given out at the final meeting in February.
- ⇒ This is an outdoor activity centre - the children will get dirty, so should bring old clothes!
- ⇒ Card or a letter packed in with children's luggage is a nice surprise.
- ⇒ Disposable camera.
- ⇒ Maximum pocket money of £5 (in coins), in a named envelope or wallet.



# What NOT to bring

- ➔ Electronic games
- ➔ Jewellery
- ➔ Mobile phones

Any of the above, or pocket money exceeding the £5 limit will be taken from children and returned at the end of the trip.



# Cost : £225 per child

This price includes :-

- ⇒ travel to and from Windmill Hill
- ⇒ accommodation for two nights.
- ⇒ all meals and drinks.
- ⇒ all activities.
- ⇒ insurance.



# Payments

- ⇒ Deposit of £100 to be paid by 1<sup>st</sup> November 2019
- ⇒ Interim payment of £62.50 by 31<sup>st</sup> January 2020.
- ⇒ Balance of £62.50 to be paid in full by 28<sup>th</sup> February 2020.
- ⇒ Grants are available under certain circumstances.  
Please see the office staff for information.



# Dates to Remember

- ➔ Deposit of £100 to be paid by 1<sup>st</sup> November
- ➔ Dates of the trip - 18<sup>th</sup>-20th March 2020.
- ➔ Wednesday 18th March, children will leave school at approximately 10 am and arrive at the centre for lunch.
- ➔ Friday 20th March, return at approximately 3.30pm.



# Questions ?

Please ask!