



# Coopers Lane Primary School

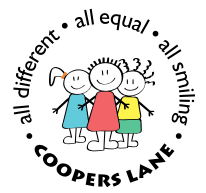
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Head Teacher: Mr Paul Hooper



16<sup>th</sup> October 2018

Dear Mums, Dads and Carers,

## Re: We Scare Hunger Appeal

Hunger is a super villain who makes life harder for millions of families across the UK. For a child struggling with hunger, one meal could mean the difference between having the energy to succeed in school and failing a test, or between staying healthy and getting sick.

Food banks provide a minimum of three days emergency food to help men, women and children experiencing short term crisis across the borough. Last year they collected food from the public and provided emergency food to 2975 people of which 1875 were children. That works out to a staggering 26,775 meals!

The food boxes typically contain items such as tinned fruit and vegetables, tinned meat and fish, pasta, sauces, long-life juice, UHT milk, cereal, tea, rice pudding, biscuits and soup. Over 90% of the food given out by the food bank is donated and the recipients are referred by frontline care professionals such as doctors, social workers or school liaison officers and also the Citizens Advice Bureau, etc.

The single biggest reason that people were referred last year was unemployment, followed by low income. Other reasons included delayed wages, domestic violence, illness, refused crisis loans, homelessness and absence of free school meals during school holidays. 1 in 5 people live below the poverty line in the UK and many of the people accessing the food bank are working families struggling to make ends meet.

At Coopers Lane Primary School we want to make sure that no child or adult in Grove Park or the Borough of Lewisham is forced to go hungry, and that is why we have chosen these food banks for the Project. Please join us in supporting the work of the food banks and ensuring that no-one goes hungry in Grove Park by donating food to our collection point in the KS2 Hall – on the stage. If every child brought in just one thing, we would have over 620 items to donate to the food banks!

Donations can be brought into school every day from Monday 29<sup>th</sup> October until Friday 2<sup>nd</sup> November. **We will be kicking off our Food bank Collection with a no cost dress up day on Wednesday 31st October with the theme: We Scare Hunger.**

Children are invited to wear something that scares away hunger, so this could be a superhero costume, a Halloween costume or even a magical princess costume! We'll leave this to your imagination!

The shopping list on this letter provides information as to the type of food the food banks require.

Thank you for your continued support.

Yours sincerely,

Mr Paul Hooper  
Head Teacher

Mrs Laura Saunders  
Right Respecting Schools Coordinator

# Foodbank Shopping List

## URGENTLY NEEDED ITEMS

- Rice
- Sugar (500 g bags)
- UHT milk (1 litre)
- Breakfast cereals & oats
- Tinned meat (including pies, mince, corned beef and hotdogs)
- Tinned fish
- Pasta sauce
- UHT fruit juice
- Tinned vegetables
- Tinned rice pudding
- Toiletries (Toilet rolls, toothbrushes, deodorant, soap, shower gel and shampoo)
- Sanitary products

## OTHER ITEMS

- Pasta
- Juices (Fruit juices, cordials and squashes)
- Soups (Vegetarian and meat soups, tins and packets)
- Sauces (Pasta, curry and stew in jars and packets)
- Sponge Pudding (Tinned)
- Hot Drinks (Instant coffee, drinking chocolate and tea)
- Desserts (Jars and tins of fruit, dried fruit, tinned and powdered custard, rice/ sponge pudding, biscuits)
- Jams and spreads (Jam, honey and chocolate spread)
- Vegetables and Fruit (Tinned fruit, vegetables and pulses, and mashed potato)
- Staples (Flour, cooking oil, salt, pepper, sugar, spices)
- Baby Products (Nappies, wet wipes, baby food, shampoo, powder, lotion, nappy barrier cream, cotton wool)
- Household Goods (Cleaning products, washing up liquid, anti-bacterial spray, surface cleaner, cloths, washing powder, fabric conditioner and kitchen roll)